

Frequently Asked Questions

Just Stop! Smoking Laser Treatment Therapy – www.just-stopsmoking.com – (866) 663-1972

What is Just Stop! Smoking Laser Therapy and How Does it Work?

The Just Stop! Laser is a carrier of frequencies that when directed towards the right parts of your brain, can train your nervous system to look at the chemicals from smoking in a different way, like it did when you were a non-smoker.

The laser itself is no stronger than a laser pointer. The difference is the information that it carries. The idea behind it is this, once you start smoking there are different receptor sites in your brain that become activated. Those receptor sites match with chemicals and are stimulated when you consume these chemicals. The cravings that you suffer from when you're a smoker are a direct result of these receptor sites. Non-smokers don't experience these symptoms because those receptor sites have never been stimulated.

We start our treatments by shining the laser on your forehead and making some passes down your spine. Then we focus on some specific acupuncture points on your hands and elbows. The idea behind this is that we're stimulating your nervous system with the laser to clean out those receptor sites. This will put those receptor sites almost back to your pre-nicotine days and the cravings will subside VERY quickly.

Included in the Just Stop! Smoking Laser Therapy Treatment Package is an herbal supplement that is made in the United States and is FDA approved. It is all very safe and there are no side effects. We ask that you take the supplement for only one week. This helps to clean out the toxins created from smoking.

The last thing that this treatment package offers is a homeopathic spray. This spray helps to subdue the intensity of the cravings. Not everyone needs this. We encourage our customers to use the spray on an as-needed basis, sometimes if you're having a particularly stressful day or are not feeling so great we have found that this helps. The great thing about homeopathic remedies is that they can be taken with any of your other medications. You can continue to use this remedy after our treatments are finished.

Is it Safe?

Yes. It is safe. A lot of patients come to us having already tried other methods to quit smoking – including some prescriptions that have some pretty severe side effects. Our Just Stop! Smoking Laser Therapy has ZERO side effects and is very effective. The Herbal Supplement and the Homeopathic Spray are both safe to take with other medications.

Does it Hurt?

No, not at all. We're just shining the laser over specific acupuncture points. Some people say that they feel a tingling sensation where the light shines on the skin's surface. Otherwise, there is no pain involved in the process itself.

How Long Does the Treatment Take?

There are 3 treatments and each laser treatment takes roughly 5 minutes. The treatments are basically the same each time, what changes is the information that is transmitted with the laser to stimulate the receptor points. The treatments happen on a Monday, Wednesday and Friday and we generally try for the same time of day for each treatment.

How Long Before I Quit Smoking?

You quit the day we start treatments.

What are the Side Effects?

There are no side effects. Using the laser is a very safe and effective method. There are no side effects with the herbal and homeopathic remedies that you are given either – they are safe to take with any of your other medications. The only thing that I will mention is that the herbal supplement helps to take all of the toxins (the nicotine and tar created from smoking cigarettes) from your tissues and pulls them into your colon to flush them out of your system. Your body will begin to detoxify, so drinking a lot of water is recommended.

Does this work for Other Tobacco Addictions – such as Chewing Tobacco?

Yes it does! It can be used for any kind of tobacco cessation.

What is the supplement?

It is an herbal supplement. You will take one bottle for one week during the treatments. It is manufactured in an FDA approved facility. It helps to detoxify your body during the program to help with the withdrawal symptoms that happen as a result of quitting smoking.

What does the Treatment Cost?

Let me start off by asking you this, how much does it cost to be a smoker? I'm sure you've done the math – most people smoke about a pack a day costing thousands of dollars per year for an individual. This treatment costs \$399. Most people will recover that cost within 2 or 3 months because they have quit purchasing cigarettes. There are other financial benefits from quitting smoking as well – health and insurance costs go down as a result of quitting smoking.

Will my Health Insurance Cover the Treatment?

So far - no. This is such a new therapy and hasn't been brought on as a therapy to cover for smoking cessation. But you could use your HSA or FLEX Savings Account to cover the cost if you have one.

What is the Money Back Guarantee?

I guarantee that you will quit smoking if you follow through with all of the things that we ask you to do. We'll go over more specifically during our initial meeting what these things are but if you make all three treatments and drink lots of water while taking your herbal supplement daily, you WILL HAVE SUCCESS. If at the end of the week, you have followed the program and still have not quit smoking we will refund you the cost of the program less the cost of the herbal supplements.



Break the Habit TODAY!

If you would like more information please don't hesitate to contact us directly at:

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Scan this QR Code with your smart phone

to see a video of Dr. Cram describing the program.